



Nightingale Notes

March 2023

April

- 1 No School—Staff Day
- 8 No School—Professional Development Day
- 8 Solar Eclipse
- 9-30 Ohio State Tests Grades 3-12
- 19 No School—Balance Day
- 26 Midterm Quarter 4

May

- 1 Owls Medieval Fair (6pm—8 pm)
- 18 Graduation
- 20-23 Wing Class Trip
- 24 Last Day of School / End of Quarter 4
- 27 Memorial Day
- 28-31 Staff Days



Wax Museum

Jane Goodall (Jovie Hahn)



Wilbur and Orville Wright (Charlie Guest and Morrison Vasquez)



Neil Armstrong (Tripp Smith)

June Program

Information will be coming soon! Our dedicated staff is set to meet on April 1st, our Staff Day. We will be finalizing our June program schedule and invites. Our Title I June program will be free for all invited students K-6 and NM siblings. Our Chickadee, preK, program will be offered for a fee.

The Summer Program days will be M-Th and the hours will be 8:00-3:00. The Summer Program will be offered for 4 weeks in June.

July and August Summer Care

If you are in need of childcare for July and August, please give your name to the desk via email at administration@nightingaleschool.org. There are a few staff members that are interested in serving this need for July and August if there is need.

Upcoming Events:

April 2-19: State Testing. Students in Grades 3-8 will participate in the Ohio State Tests of English Language Arts, Mathematics and Science (grades 5 and 8 only). Wings will participate in the PSAT and SAT and The Ohio State End of Course exams.

April 22-29, Earth Week: Falcon students will facilitate activities across all classrooms during this week. We will of course start our learning on Earth Day, April 22nd but realizing there is so much to do and learn, we will have week long opportunities to learn and experience our values of conservation and sustainability.

May 1, Owl Medieval Fair: The Owls will invite parents and families to visit their Medieval Fair. Owls have worked hard to create an amazing outdoor learning space and they will transform this area into a Medieval village. Students are still in the process of planning and creating your Medieval experience.

May 18, Graduation: All are welcome to join us in celebrating our 3 NM Graduates, Reece Rucker (started at NM as a Wing), Rae Temple (started at NM as a Chickadee) and Roy Wood (started at NM as an Owl).

May 20-23 Wing Class Trip: Wings have planned their end of year trip to the Smoky Mountain National Park. Students collaborated to plan opportunities for learning and exploration in the area.

Digital Citizenship



NM uses the Digital Citizenship Curriculum from Common Sense Media for grades K-12. The K-12 Digital Citizenship Curriculum was designed and developed in partnership with Project Zero at the Harvard Graduate School of

Education -- and guided by research with thousands of educators. Each digital citizenship lesson takes on real challenges and digital dilemmas that students face today, giving them the skills they need to succeed as digital learners, leaders, and citizens tomorrow. This meets a required State Law and supports the ever growing need for students to navigate the online world as responsible citizens.

Child Abuse Prevention Program Grades K-12

The nonprofit Barbara Sinatra Children's Center Foundation in conjunction with Wonder Media and the Joshua Center on Child Sexual Abuse at the University of Washington has developed a global campaign on child abuse awareness and prevention. The program has been developed and scripted by child advocates, therapists, and national scholars.

The objective of the program is to educate all ages of children about what to do when confronted with abusive behavior such as safe and unsafe touches and other physical and emotional abuse. Every video in the various series emphasizes the importance of going to a parent or another trusted adult when confronted with an unsafe situation. An "Unsafe Touch" is defined as touching private parts of the body that are covered by a bathing suit. Stranger safety, Internet safety, bullying and other situations are also presented. Additionally, the team produced a number of animated videos that help those that have been abused and have not yet disclosed the abuse.

The program has been tested at various stages of development with students, teachers, school administrators, parents, and experts in the field of child abuse.

All School

Article written by Wing Culinary Team Notes

Wing Sasha Ramey prepares dry herb spice blend, utilizing herbs from our school programs to season and baste locally sourced turkey for our nutritional programs. Chickadees were able to develop culinary skills, integrating local and school-grown herbs under the mentorship of the Wing culinary students.



Gourmet Grub: The Essence of Teamwork

As students develop their foundational teamwork and individual skills we in Gourmet Grub utilize the five C's in our Program. We model, teach and encourage active collaboration, communication, and cooperation, always celebrating our diverse community with respect, honor and appreciation for each other and our community

Collaboration: the action of working with someone to produce or create something.

Community: a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals.

Communication: is the sending and receiving of information.

Cooperation: the actions of someone who is being helpful by doing what is wanted or asked of.

Celebrate: acknowledge (a significant or happy day or event) with a social gathering or enjoyable activity.

Gourmet Grub



The Gottman Institute

A RESEARCH-BASED APPROACH TO RELATIONSHIPS

Teach Your Kids the Value of Self-Care by Creating Healthy Habits

Children, just like adults, benefit greatly from consistent and deliberate self-care activities.

Take care of your body:

One of the most important aspects of self-care is taking care of your physical health. And when it comes to teaching kids to maintain physical health, there are lots of ways to encourage good habits. The important thing isn't necessarily to get into great shape or to take on big athletic challenges, but to build a regular routine of physical self-care that maintains good health and balance. We all need to learn how to take care of ourselves, and performing self-care activities with your children is an excellent way to do what you need for yourself and to model healthy lifestyle choices for your children.

Written by: Ashleigh Louis, Ph.D.

For the full article please visit: <https://www.gottman.com/blog/teach-kids-self-care-creating-healthy-habits/>

Some great examples of how you and your child can do self-care together, promoting better health, are: Brushing your teeth, exercising, going for a walk, breathing exercises, hand washing, expressing emotions, and having a healthy snack.

This month we observed great improvement with the Hummingbirds self-care abilities. We are excited to report that six of the ten children, that are currently potty training, are going in the potty! Having the new bathroom in our classroom has really made a difference!

Birdwatching news: We've added a new bird feeder to our outdoor area! It's a hummingbird feeder of course! The kids observed the difference between sweet nectar "wet" feed and "dry" bird seeds. They also had to fill the bird feeder twice this month as more and more animals are benefiting from the seeds we've set out.

Gardening Update: Our garlic has now doubled in size. The children have shown a lot of love to these plants by watering them and they no longer walk in the garden. They have a much deeper appreciation for them!

Items new to the outdoor area!! We recently were gifted a gardening stand where the children now keep their watering cans and garden tools.

As Well-checks and Dentist appointments are a big part of how we maintain our physical health. I'd like to share with you a chart I found that I

believe is very beneficial in ensuring your child maintains a healthy lifestyle.

Physical/Dental Varnish SCHEDULE

As recommended by Medicaid guidelines



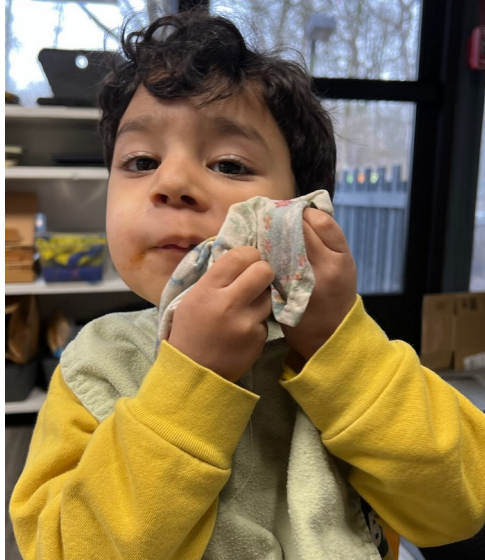
Visits	Vaccines?	Dental Varnish?
After Birth	NO	NO
2 weeks	NO	NO
4 weeks	NO	NO
2 months	YES	NO
4 months	YES	NO
6 months	YES	YES
9 months	NO	YES
12 months	YES	YES
15 months	YES	YES
18 months	YES	YES
21 months	NO	YES
24 months (2 YRS)	NO	YES
27 months	NO	YES
30 months (2.5 YRS)	NO	YES
33 months	NO	YES
36 months (3 YRS)	NO	YES
39 months	NO	YES
42 months (3.5 YRS)	NO	YES
4 years	YES	YES
After 4 years of age, children get an annual Routine Physical, Dental Varnish every 91 days until they turn 6 years old, and vaccines at 11 years and 16 years of age.		
5, 6 years	NO	YES
7, 8, 9, 10 years	NO	NO
11 years	YES	NO
12, 13, 14, 15 years	NO	NO
16 years	YES	NO



Hummingbird News



Aviel displays how to brush a baby's gums with ease.



Essa cleans off his face after lunch.



Brayzen uses his utensil to carefully eat his lunch.



GeVaya carefully washes her hands.



Auggie finds the best way to hold his shoe so he can put it on!



Maggie dresses to celebrate International Down Syndrome Day!



Hummingbirds listen to a story.



Working together to fill the bird feeder, we are excitedly awaiting visitors.

Aesthetic Sense created through the Innate Need for Order

Education through the sense of order simultaneously develops the aesthetic sense. Children learn by categorizing experience. They must have a structure that allows them to sort and match as their experiences are compared, contrasted, and sequenced. The logical scaffolding developed in this way allows them to predict and explain the world as they experience it to be. If the mental scaffolding is not constricted, the students will naturally build on it. As the understanding of their frames of reference progresses, the student will seek to create new order. This is done in response to a need to expand the order by connecting new information to the old experience.



Charlie, Huck, Ari, Takiisha, Mason



St. Patrick's Day Story



Mason and Simone

Chickadee News



Tate



Gintey



Jax and Maverick

The Eagle staff would like to thank all of the parents and family members who came to see the wax museum. It was so nice to see all the children's hard work in action. The work that goes into the Wax Museum is all-encompassing and took the children a total of two months to complete. Thank you again for being a part of the children's hard work and effort.

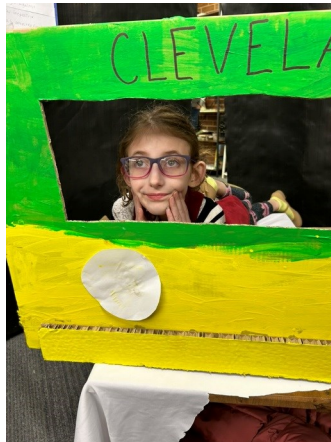
Every Friday afternoon we dedicate a large portion of time to creative writing. The children discuss in a group the topics of interest, each child takes a pencil and paper and they write about whatever they feel moved to write about. They are encouraged to keep the pencil moving and not worry so much about spelling. The children are given an opportunity to read the story out loud and practice being a respectful audience. Some of the children continue their stories from the weeks before and have pages and pages of work. Creative writing is a wonderful outlet for the students and a beautiful opportunity for the children to share their imaginations.



Albert Einstein (Sterling Bowers)



Abraham Lincoln (Naomi Zunker)



Rosa Parks (Becca Foder)



Dr. Suess (Sam Cline)



Princess Diana (Bella Bingham)



George Washington Carver
(Evan Taylor)



Queen Elizabeth I (Skye Blair)



Anne Frank (Zamiah Sammons)



Margaret Morse Nice
(Aubrey Cunningham)



Elenor Roosevelt
(Alivia Taylor)



Leif Erikson (Kylin Glancy)



Jesus (Pax Hahn)



Mother Teresa (Annie Guest)



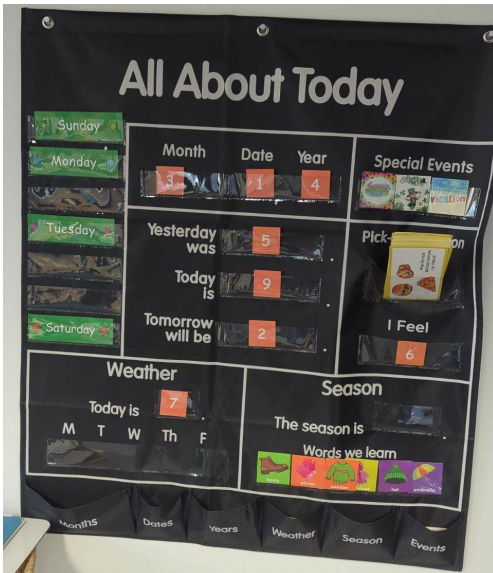
Maya Angelou (Bella Stevens)



Frida Kahlo (Emarosa Dukes)



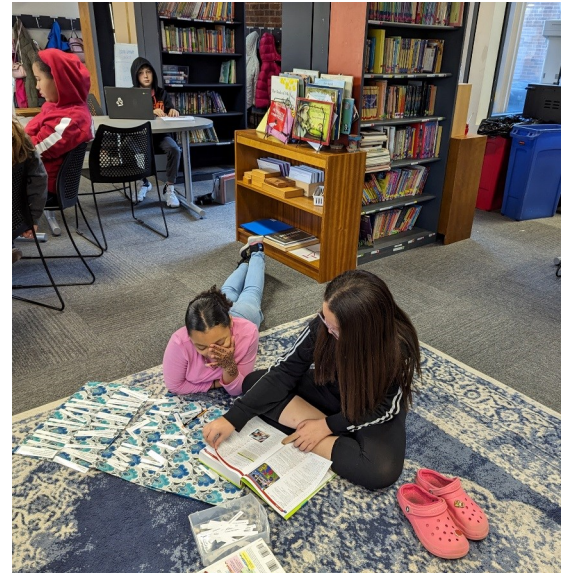
Rachel Carson (Gigi Maynard)



August sets up our calendar on Pi Day!



Eli, Astro and Mia at work.



DaShayla and Jaleeya work on vocabulary.



Hatchett, a novel study group in the Owls, build a shelter.



Outdoor Education Development in the Owls including Gardens and Outdoor Classroom Areas.

The Owls have been working on the development of their outdoor areas. The Fruit Tree Guild is on the outside edge of the outdoor learning area. Planted in this area are raspberries, apple trees, peach trees, violets and redbuds. The Owls have made 22 Garden Beds! Planted thus far are onions, garlic, rhubarb, asparagus, strawberries, monardo (native mint) tulips, peas, leeks, lavender, thyme, chives and sage. In addition we have an outdoor classroom, a pond and five more garden beds in our courtyard area. Future plans include a butterfly garden and an expansion of our pawpaw orchard.



Community Service Work

Falcons were able to give back to a group that has done so much for us, the **Jefferson Street Community Garden**, and our friend **Terry Fredrich**. This is the second year in a row that our middle school has given their time and work to this cause. Terry's donation of compost, soil, time and expertise has spurred our garden program forward and guided us with best practices. Students from the **Falcon** class had the opportunity to visit 'The Oasis' to volunteer but we also delighted in a **Poetry Walk** displayed around the outer fence of their property. We spread compost across a garden that would then be prepped for the members of the community garden. This garden helps hundreds of people and food insecure families. This was another chance for students to see that their community can be what they make it. We can work together to help those in need and get a good workout in along the way!



Falcons visit the Clark County CTC (Career Technical Center). Before our visit the CTC provided Career Kits for the different programs offered at CTC. Each kit contained activities and information labs for students to get hands-on experience in one of their programs. The kits provided were for the following programs: Dental, Cosmetology, Automotive, Coding, Veterinarian Assistant and Teacher Assistant. Students worked with the kits in the classroom and then toured the programs at CTC. Middle School students learned about career technical paths available to pursue in high school.



Mock Trial in Government

Government students participated in a Mock Trial this month. The activity included reading the plaintiff and defendant's statements, reviewing evidence, and deciding how both sides could best be represented in court. The next day, **Bo McClain** and **Chloe Raines** took up the roles of lawyers in court and read through a trial script. Afterward, all students were able to weigh the evidence and take part in making a jury decision. Students became very invested in the mock case and passionately defended their positions.



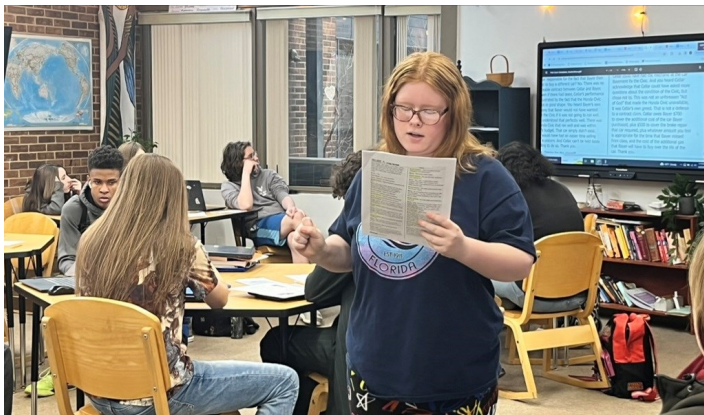
Wing cookout/End of Year Trip planning.



Government Mock Trial



American Gothic by Grant Wood, 1930



Chloe presenting during mock trial in Government.



Bo presents during mock trial in Government.

Nightingale Gothic by Wings, 2024--starring Madison and Bo