



Nightingale Notes

February 2023

March

15 End of Quarter 3

15 Eagle Wax Museum

16-20 No School The Montessori Event—
Boston

April

3-7 No School Spring Break

10 No School—Teacher Work Day

11-28 State of Ohio Testing Grades 3-12



Judah, Amyah, Evan and Sevynn mid hill having a chat!

NM SKI/SNOWBOARD FIELD TRIPS TO MAD RIVER MOUNTAIN

The weather dictated what was by far the worst season for our skiers and snowboarders BUT the enthusiasm, self-challenge endeavors, and excitement brought about one of our best seasons!

We traveled to Mad River Mountain 3 of our 5 scheduled weeks and it was enough to get our beginners started and accomplished at making it down the hill with some basic skills.

We can't wait until next year and are hoping for better weather. Please consider joining us!



Astra, Finn and Evan at the top of the hill preparing to ski down.



All School News

Janelle Chamness has been greatly missed as a beloved teacher of the Chickadees. It has been such a tough and rough road to travel down for all of us since her sudden and untimely death last month. We are exceedingly grateful for everything done on our behalf as a school family, for all the care shown to the Chickadee class and the devoted affection and attention given to the needs of her bereaved family. Janelle's children have returned to their classes at Nightingale Montessori much to the mutual comfort and happiness for them and their classmates.

Springfield Sustainability Conference 2023

CREATING A REGENERATIVE CITY
MAY 13, 2023 SAVE THE DATE



Soil Building to grow food locally

Native Plant Restoration through small nurseries

Individual and cooperative Action Plans for Sustainability



- Regional Experts
- Artist and Music
- Local Lunch Provided

Enjoy the day at our Environmental Education Campus



www.nightingalemontessori.org and

Our Earth Nursery

2525 North Limestone Street, Springfield

Contact Jared Martin for further info

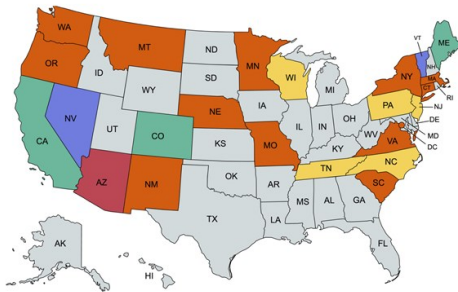
(937) 869-1365



NATIONAL FARM to SCHOOL NETWORK

Monthly Newsletter: January 2023

Universal Meals Legislation Are Introduced in Almost Half of All States



State Universal Meals Policy Status:
 Passed, Permanent
 Introduced in Previous Cycle
 Adopted with Appropriations
 Introduced or Re-introduced in Current Cycle

As of January 19, at least 23 states and the District of Columbia have introduced policies to advance free, healthy school meals for all students! That’s nearly half of all states, representing 52% of all students under 18. At the beginning of the COVID-19 pandemic, the federal government allowed schools to provide free meals to all children as a temporary emergency measure. Last legislative cycle, at least 14 states recognized the beneficial impacts of universal meals and introduced legislation to continue serving free meals after federal support ended in June 2022.

Wondering how to get involved in your state? [View this list of 2023 State Coalitions for Universal Meals](#) to support healthy school meals for all in your community.

Gourmet Grub News

Winter has found many students participating in daily operations, community projects and individual projects. During winter months we are able to incorporate herbs and spices into our recipes that students work hard to harvest and preserve in the fall months. Cross curricular projects are welcome and encouraged with students helping, guiding each other and learning together.

Gourmet Grub continues to be focused on baking and testing recipes for our nutritional programs and upcoming Farmer Market Season. Wing Culinary has excelled at producing pastas from scratch, processing hundreds of pounds of produce while learning valuable skills and techniques they will carry throughout their lives. Eagles and Owls are discovering a new world of joy with our food, service and culinary endeavors!

Making Tortillas



Gourmet Grub

Gourmet Grub would like to request a donation of any unused mason jars, and as always if you or someone you know have local sources for food procurement please reach out to swoodward@nightingaleschool.org.



Students have been supporting daily operations in a multitude of ways. Chickadees help with counting and organization and have been learning general cleanup procedures. The Chickadees spend time learning about different fruits and healthy food options during our breakfast hour. The Eagles have been enjoying serving each other during lunch and learning about healthy serving portions. Our Wing culinary team has been focused on various baking projects. We are testing various recipes, offering taste tests, and evaluating feedback from students and staff with the goals of offering our winning baked goods for sale in the upcoming farmers' market season. The Wing culinary students, Ethan and Cole, are shown making homemade noodles for our lunch program. Our culinary team will create, "long noodles," to share with various age groups to celebrate the Chinese New Year.



Counting bananas



Preparing fruits and vegetables.



Cutting Fruit



Cracking eggs



Making homemade sloppy joe sauce



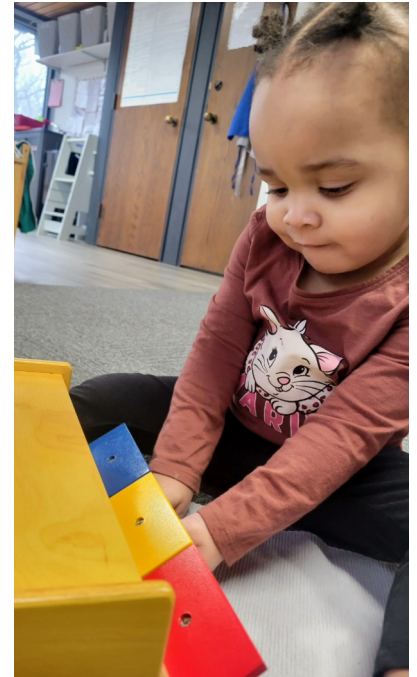
Working with school grown mushrooms



Maverick transfers water using a squeezing implement.



Gintey matches babies to their parents.



GeVaya practices placing objects in and out of a drawer.

Hummingbird News



Adelaide sorts emotions seen in images.



Irha practices her brush strokes.



Jonah strengthens his fine motor muscles.

Eagles help Chicks make Valentine's



In the **Chickadee Class**, Valentine's Day is presented as an opportunity to show friends and family that we care about them. The Eagle Class invited us to make Valentines with them, which the children could bring home for their families. Additionally, students were

invited to make homemade valentines to share with classmates. While giving and receiving gifts as a way to show love and friendship is a traditional custom of Valentine's Day, in the Chicks, we explored some other ways to show our friends and family that we care.

There were many wonderful ideas presented by the kids. Here are a few thoughts on how to show friendship and love: Gigi says, "be friends with someone who needs a friend." Tinsley says, "be nice to friends." Alivia offers, "Tell friends I love you." Ema suggests, "give friends a bracelet." Willow V says, "help someone up when they fall." Bohdi shows love to his dog by, "giving him a biscuit." and Charlie G says "make hearts." Most important of all we want to help the children know that showing love and friendship should happen all year long. We

will be continuing our discussions as we explore ideas of what it means to "be nice" and what respect means in regard to our interactions with friends and materials in the classroom.



Tate

Annie

Paxton



Aubrey

Jamon



Bohdi

Kenna

Rowan

Chickadee News



William



Charlie G



Mason



Willow R



Charlie Z



Annabelle



Gigi



Hudson



Talia



Yash

Chickadees Love To:



go sledding.



work hard.



read to a friend.



Put on the play *Max the Cat* for classmates. Tinsley as Max, Paxton as the rat, Willow R as the narrator and, not pictured, Alivia as producer.



come to reading class.



make new friends.

In February, the Chickadees were excited to welcome new student, Bohdi Droughton, to their class.

Eagles at Work

Eagle life has as its present focus, the many skills necessary for studying the concepts of **Life on Earth** over a long period of time. The students are using a collaborative approach to cover the millions of years of life on Earth. Sharing their individual findings daily and pursuing various activities to express their acquired knowledge keeps the classroom abuzz with enthusiasm and deep focus.



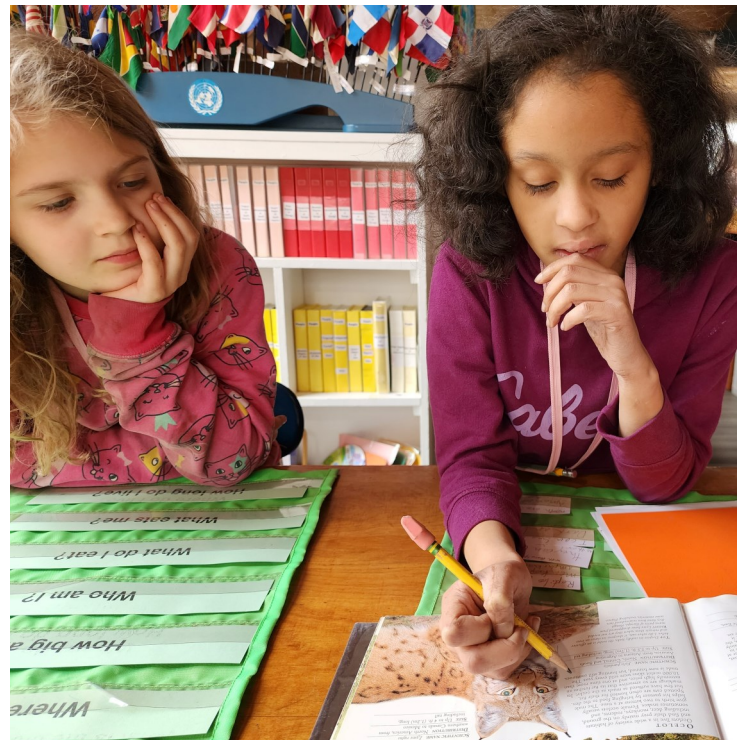
Phoebe, Jackson and Evan become very proficient in using the indices of many reference books.



Skye and Finn focus on their portraits of their Wax Museum Characters.



Tripp, Lucy and Finn peruse and select organisms to sculpt and research.



Phoebe and Sevynn research their chosen characters for the upcoming "Timeline of Life" Wax Museum Project.

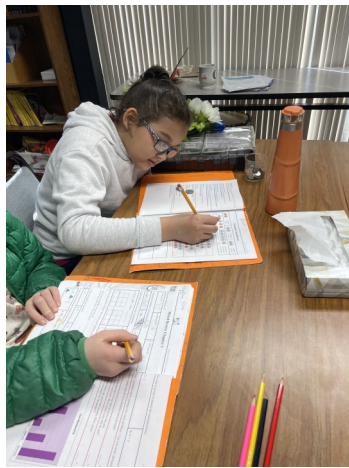
Eagle News

Language Arts

The Owls are writing! For February, in honor of Black History Month and Presidents' Day, many of our Owls are researching a president or an important figure in Black History. Some students chose to write a response to a daily prompt and some students chose an independent study project. Students enjoy discovering and sharing their newly acquired information with other peers.



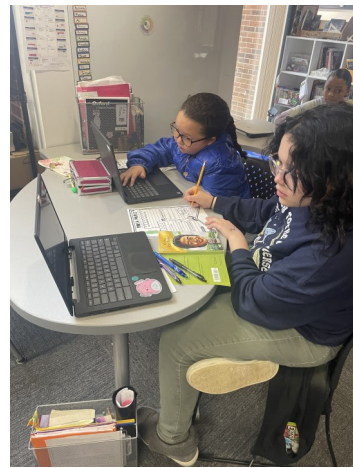
Blake works on Moby Max; Judah reads silently.



Ma'Kaylen works on math.

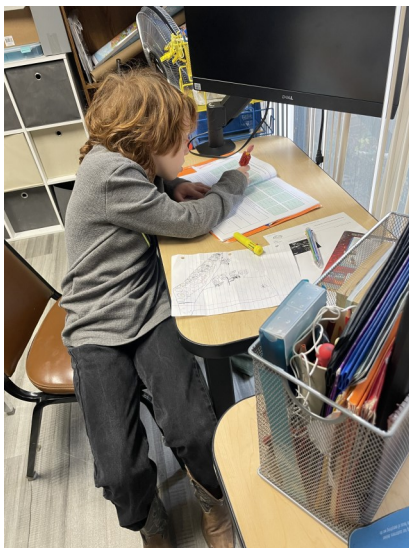


Shannin helps Aaron with his math.



Blake and Jaleeya work on English.

Owl News



Lee works on math.



Amontay works on his Biome map.



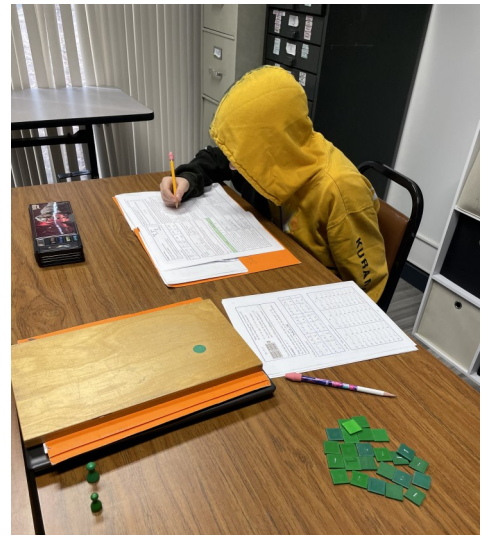
Eli and Nathan work on spelling activity.



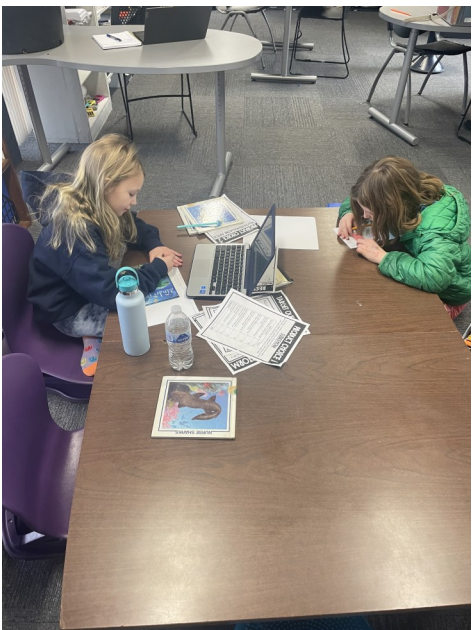
Izzy works on math.



Amontay uses the new water system.



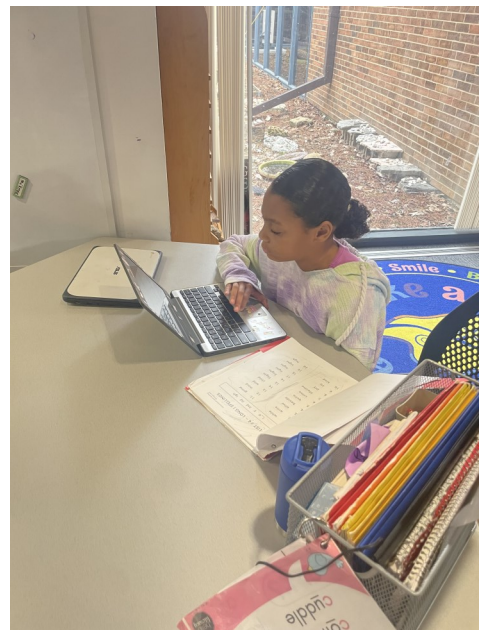
Shannin works on math.



Layla and River works on their independent study projects.



Mrs. Stone gives Mo her spelling test.



Dashayla works on spelling activities.



Monica practices her spelling with shaving cream.



Izzy practices her spelling words.

Falcons Traveling Out Into the Community

Montessori charges teachers and guides to prepare students for their role in the future. We will need a full understanding of the current conditions in order to understand the causation and effects on the future. Maria Montessori asked us as teachers to take students out of their comfort zones and expose them to the larger world. In Erdkinder she states, "The essential reform of our plan from this point of view may be defined as follows: during the difficult time of adolescence it is helpful to leave the accustomed environment of the family in the town and go to quiet surroundings in the country, close to nature....Life in the open air, in the sunshine and a diet high in nutritional content coming from the produce of neighboring fields improve the physical health, while the calm surroundings, the silence, the wonders of nature satisfy the need of the adolescent mind for reflection and meditation." Today students have to find freedom and the open air wherever they are. Vast tracts of nature may not be available to some. However, learning to appreciate the green spaces we have, learning to go outside and reflect on a tree as a world of its own, and just walking through the towns and neighborhoods can bring a child closer to the world and out of their heads and technology.

Coretta Scott King said "The greatness of a community is most accurately measured by the compassionate actions of its members." We want our students to be a part of the communities in which they live. Yes, we have a very mobile population, but that is why community immersion is even more essential. Students can take their sense of responsibility and community with them wherever they go in life. The community is its members.



Franklin Park Conservatory



Ohio Caverns

Secondary Chess Tournament

Falcons (Secondary I) and Wings (Secondary II) students set up a championship bracket with over 20 contenders. The winner, Wing, Teddy McClain, played the final match against Falcon, Brayden Stevens.



Games for Noah L. vs. Lukas and Jacob vs. Ladainian.



Serena vs. Daria (visiting student) and Brayden vs Noah C.



Wings, Roy and Shay play a match.



Girls working on painting projects.



Dominic working on the new Wing and Falcon Courtyard.



Wings and Falcons working outside.



A cardinal visits the birdhouse outside the Wing classroom.

Wings at Work!

Chemistry Students Reece, Jeremy, Dominic and Ethan, not pictured Chloe and Cole, are all working on a titration experiment that they will use to test carbon sequestration in the soils around various trees and gardens on the property. Students are in the beginning stages of this month's long project that will be the culminating work of their Chemistry class this year. Students will present their findings at the Springfield Sustainability Conference which is being held at Nightingale on May 13, 2023 at 9 am. They will share their experiences with the materials and how they are able to measure climate change mitigation with their carbon sequestering techniques.



Chemistry Students Reece, Jeremy, Dominic, and Ethan.



Reece and Brandon working on a 1000 piece puzzle project.

Wing News